

NAME  
Member #

# SPORTSMAN'S SOARING PROGRAM

## SILVER new 2

DATE  
STARTED: \_\_\_\_\_  
FINISHED: \_\_\_\_\_

5 - 1 M PRECISION LANDINGS  
DISTANCE / WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

OR

5 - 1 M PRECISION LANDINGS  
DISTANCE / WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

2 - (L2) 10 MINUTE TIMED FLIGHTS  
TIME / DISTANCE / WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_

OR

5 - (L2) LIMBO PASSES  
TIME / WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_  
4 \_\_\_\_\_  
5 \_\_\_\_\_

2 - TD CONTEST STYLE TD FLIGHTS (L1)  
10 MINUTE TASK 1575 POINTS TOTAL  
POINTS / WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_

OR

2 - 30 MINUTE SLOPE FLIGHTS (A4)  
W / 1.5 M LANDING  
TIME / WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_

2 - (L2) LADDER FLIGHTS  
10, 15, 20, 25 MINUTES  
WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_

OR

2 - (L2) LADDER SLOPE FLIGHTS  
10, 15, 20, 25, 30 MINUTE  
TIME / WITNESS / DATE

1 \_\_\_\_\_  
2 \_\_\_\_\_

(L2) ADD EM' UP TD FLIGHT  
45 MINUTES TOTAL  
TIME / WITNESS / DATE

OR

DYNAMIC SOARING  
WITNESS / DATE  
( LAPS IN 1 MINUTE )

8 LAPS \_\_\_\_\_  
8 LAPS \_\_\_\_\_  
10 LAPS \_\_\_\_\_  
10 LAPS \_\_\_\_\_  
12 LAPS \_\_\_\_\_

1 HOUR TD FLIGHT  
LANDING WITHIN 1.5M  
TIME / DISTANCE / WITNESS / DATE

OR

F3F  
WITNES / DATE  
( 10 LAPS ON A 100 METER COURSE )

75 seconds \_\_\_\_\_  
70 seconds \_\_\_\_\_  
65 seconds \_\_\_\_\_  
60 seconds \_\_\_\_\_  
55 seconds \_\_\_\_\_

2 K TD GOAL & RETURN  
WITNESS / DATE

OR

AEROBATIC SLOPE ROUTINE (R1)